



## **CITB-Construction Skills Site Safety Plus Management Safety Training Scheme (SMSTS) 2 day fresher course**

### **Introduction**

The two day refresher course is for delegates who have previously passed the full five day SMSTS course. It aims to bring health and safety knowledge up to date, as well as giving a thorough overview of the legislative changes and their impact in the workplace. The course includes a wide range of topics many building on the previous five day course programme as well as introducing new subjects.

### **The aims and objectives**

The two day refresher course aims to;

- Improve awareness of recent developments in construction legislation and health, safety, welfare and environmental issues
- Identify measures that will assist the practical implementation of responsibilities established by new legislation and new working practices

At the end of the course delegates will be:

- Aware of and able to implement all up dated health, safety, welfare and environmental legislation which affects them in their role as a manager
- Aware of and able to implement new guidance and industry best practice
- More aware of their duties and responsibilities with regard to health, safety, welfare and the environment

### **Delivering the two day course**

In order to maintain the optimum continuity and to maximise a delegates comprehension and participation the CITB's favoured method of delivery is to hold the course over two consecutive days, however day release comprising one or two days over a two week period is an acceptable alternative.

### **Course assessment**

On completion of the course and successfully passing the core exercises and an end of course multiple choice examination the delegates will be awarded the CITB's Construction Site managers safety Certificate

### **Delegate numbers**

The maximum number of delegates at Construction Safety Management's premises is 12 and the minimum is 7. Where a course takes place on a client,s premise the maximum number of delegates is 20



## Course materials

- CITB GE 700 Construction Site safety Manuals

## Course programme

### Day 1

- **Introductions**
- **Regulations, ACoP and best practice up date**
- **Work at height**
- **Fall arrest equipment**
- **Plant & equipment**
- **Control of noise**
- **Control of vibration**
- **Fire prevention & control**
- **Other topics based on recent changes, prosecutions & delegate need**
- **Risk assessment**
- **Syndicate exercise**
- **Exercise feed back**
- **Close**

### Day 2

- **Review of day 1**
- **Construction (Design & Management) Regs**
- **Accident reporting & investigation**
- **Implications of recent prosecutions**
- **Accident prevention**
- **Open forum for delegates to select topics (examples may include: asbestos, lone working, foreign workers, waste management, corporate manslaughter, etc)**
- **Environmental management**
- **Management of health on site**
- **Behaviour based safety**
- **Drugs and alcohol**
- **Examination**
- **Feed back on examination**
- **Close**