



CITB-Construction Skills Site Safety Plus Five day site Management Safety Training Scheme (SMSTS)

Introduction

This course is designed for site managers, agents and persons who are or are about to be responsible for planning, organising, monitoring, controlling and administering groups of staff and workforce. The course covers all relevant legislation and other aspects which affect safe working in the building, construction and civil engineering industries. It highlights the need for risk assessment in the workplace, the implementation of the necessary control measures and adequate communication to sustain a health and safety culture among the workforce.

The aims and objectives of the five day course

To help site/contract managers and agents to:

- Manage health and safety on site in accordance with current legal provisions within the context of their managerial role
- Develop an understanding of responsibilities and accountability for site health, safety and welfare
- Recognise a safe site is efficient, economical and productive

At the end of the period of training, delegates will be aware of and able to:

- Implement all health, safety, welfare and environmental legislation which affects them during their daily work
- Implement new guidance and industry best practice
- State their duties and responsibilities with regards to health, safety, welfare and environment

Delivering the five day course

In order to maintain the optimum continuity and to maximise a delegates comprehension and participation the CITB's favoured method of delivery is to hold the course over five consecutive days, however day release comprising one or two days a week for up to a maximum of five weeks is an acceptable alternative.

Course assessment

On completion of the course and successfully passing the three core exercises, case study and an end of course multiple choice examination the delegates will be awarded the CITB's Construction Site managers safety Certificate

Delegate numbers

The maximum number of delegates at Construction Safety Management's premises is 12 and the minimum is 7. Where a course takes place on a clients premise the maximum number of delegates is 20



Course materials

- CITB GE 700 Construction Site safety Manuals
- CITB XA6 SMSTS Course Notes

Course programme

Day 1

- **Introductions and course background**
- **Pre-course questionnaire 'what do you know?'**
- **Report back on the pre-course questionnaire**
- **Health and safety facts and figures, accident prevention**
- **Health and safety management systems**
- **Health and Safety at Work Act 1974 & legal system**
- **Health and safety policies, managers' responsibilities**
- **Policy implementation**
- **Exercise 1: implementing health and safety legislation**

Day 2

- **Working at height**
 - Planning & organising the work
 - Risk assessment
 - Access equipment
- **The working environment**
 - Site layout & planning
 - Transport & logistics
 - Housekeeping
 - Material management
- **Management of contractors**
 - Construction (Design & Management) Regs
 - HSE Core Criteria for Company & Individual competence
- **Health and safety management for plant, equipment and systems of work**
 - PUWER
 - LOLER
 - COSHH
- **Exercise 2: Managers' and supervisors' responsibilities**

Day3

- **Report back on exercise 2**
- **Health and safety management on site**
 - COSHH
 - Noise
 - Vibration
 - Manual handling
 - Asbestos
 - Environmental & waste management



- **Monitoring health and safety**
 - Inspections
 - Surveys, tours
 - Health and safety auditing
 - Accident reporting and investigation
 - Pro & reactive monitoring
- **Exercise 3: Site briefing (developing specific site instructions for a construction project)**

Day 4

- **Health and safety communications and training**
 - Behavioural safety & change
 - Provision of information, instruction & training
 - Competencies
- **Construction health and safety**
 - Electricity
 - Services
 - Fire precautions
 - LPG & HFL
 - Confined spaces
- **Site planning & layout**
 - Introduction to core exercise
 - Explanation of the requirements to plan health and safety within the context of a project

Day 5

- **Final presentation**
 - Delegates present their site layouts and planning
- **Debrief & discussion of the exercise and presentation of material**
- **Examination**
- **Close**