



## **CITB-Construction Skills Site Safety Plus One day Health & Safety Awareness**

### **Introduction**

This course is aimed at all those persons who are entering or working within construction and civil engineering industry as a member of the workforce to help them understand the potential hazards that they face at work on site.

The course provides a practical summary of health, safety and welfare and environmental issues identifying individual responsibilities for looking after themselves and others, what the employer duties are and what should be done if they think anyone's health and safety is being put at risk.

### **The aims and objectives of the course**

To ensure that individual responsibilities are understood:

- Why they are carrying out their identified duties
- What is expected of them
- To ensure that they contribute to the safety of the workplace

To ensure that at the end of the course delegates will be able to:

- Understand the need to prevent accidents
- Have an understanding of health and safety law
- Identify how their role fits into the control and management of the site
- Understand the need for risk assessments and method statements
- Appreciate the need to perform safely and to stop and ask for advice if not sure
- Feel obliged to report unsafe acts to prevent an accident

### **Assessment**

The method of assessment is by multiple choice questions at the end of the course as well as being expected to participate during the course.

### **Delegate numbers**

The maximum number of delegates at Construction Safety Management's premises is 12 and the minimum is 10. Where a course takes place on a clients premise the maximum number of delegates is 20

### **Course progression**

The CITB identify this course as the starting point for obtaining a basic understanding of health and safety duties and responsibilities and becoming aware of hazards and risk on site. Upon successful completion of the course a natural progression would be the Site Supervisors Safety Training Scheme Course (SSTS – 2 days). Existing site managers, agents, surveyors and persons



holding positions of managerial control should attend the five day Site Management Safety Training Scheme (SMSTS) course

## **Course Publications**

The course publication is the CITB's Safety Start safety handbook GE 707 Course Programme

- **Introduction & objectives**
- **General responsibilities**
- **Accident prevention & reporting**
- **Health & welfare**
- **Manual handling**
- **Work at height**
- **Personal protective equipment**
- **Emergency procedures and first aid**
- **Fire prevention and control**
- **Hazardous substances**
- **Electrical safety**
- **Hand held equipment and tools**
- **Noise and vibration**
- **Excavations & confined spaces**
- **Site transport safety**
- **Safety signs and signals**
- **Examination**
- **Course review and close**